RAUL YZAGUIRRE SCHOOLS - Lunch Menu Middle & High

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 ST Winter Break	2 ND Winter Break	3 RD Winter Break	4 ^{⊤H} Winter Break	5 [™] Winter Break
8 TH Teacher Preparation Day	9 TH Turkey Corn Dog Chicken BLT Salad Carrots Coins Pinto Beans Fruit Cocktail	10 TH Chicken Boneless Bean/Cheese Burrito Strawberry Spinach Salad Mix Vegetables, Roll Mixed Berry Cup	11 TH Oven Fried Chicken Spicy Chicken Sandwich Mac and Cheese, Bread Steam Broccoli Mashed Potato w/Gravy Pears Halves	12 TH Beef Burger w/cheese Hamburger Fixing Sweet Potato Crinkles Cucumber Coins Fresh Apple
15 TH MGRTIN LUTHER RUNG JR. DRY	16 TH Meat and Cheese Enchilada, Brown Rice Beef/Cheese Taco Spicy Black Beans Sweet Potato Wedges Applesauce Cup	17 TH Turkey Hot Dog Chicken Caesar Salad Potato Emoji Broccoli Salad Original Lays Diced Apricots	18 TH Chicken Fajita or Sub Sandwich Steam Carrots Pinto Beans Brown Rice, Bread Strawberry Cup	19 TH Pizza Pepperoni Romain Salad Cucumber Coins w/Tajin WG Pop tart Melon Cubes
22 ND Turkey Corn Dog Chicken BLT Salad Carrots Coins Pinto Beans Fruit Cocktail	23 RD Nachos w/ground beef or Sub Sandwich Sweet Corn Refried Beans WG Chocolate Cookie Diced Peaches	24 TH Chicken Boneless Bean/Cheese Burrito Strawberry Spinach Salad Mix Vegetables, Roll Mixed Berry Cup	25 TH Oven Fried Chicken Spicy Chicken Sandwich Mac and Cheese, Bread Steam Broccoli Mashed Potato w/Gravy Pears Halves	26 TH Beef Burger w/cheese Hamburger Fixing Sweet Potato Crinkles Cucumber Coins Fresh Apple
29 TH Chicken Vegetable Dumpling or Bosco Cheese Sticks Crunchy Broccoli Carrots Sliced	30 TH Meat and Cheese Enchilada or Beef/Cheese Taco Spicy Black Beans Sweet Potato Wedges	31 ST Turkey Hot Dog Chicken Caesar Salad Potato Emoji Buffalo Cauliflower Original Lays		

Diced Apricots



ANNOUNCEMENTS:

Menu is subject to change without notice due to availability of food.
All meals are offered with a choice of milk (Unflavored or flavored 1% low fat or fat free), fresh fruit and appropriate condiments.





Mix Fruit



Applesauce Cup