

RAUL YZAGUIRRE SCHOOLS - Breakfast Menu Middle & High

JUN

MENU 2023

GEAR UP FOR PUSH-UP CHALLENGE



ANNOUNCEMENTS:

Menu is subject to change without notice due to availability of food. All meals are offered with a choice of milk (Unflavored or flavored 1% low fat or fat free), 100% Juice, Cereal Bowl, and appropriate condiments.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1ST
Chicken Biscuit
Coffee Cake
Fresh Banana

2ND
Sausage & Cheese
Kolache
Yogurt Parfait
Vanilla Graham
Apple Sliced

5TH
Teacher Preparation
Day

6TH
Sausage/Potato/Egg
Burrito
Oatmeal/Raisins
Blueberry Muffin
Orange Smiles

7TH
Sausage Patty on
Biscuit
Yogurt Parfait
Vanilla Graham
Apple Sliced

8TH
Mini French Toast
Oatmeal/Raisins
Graham Crackers
Dry Fruit

9TH
Grilled Cheese Sandwich
Cowboy Bread
Fruit Cup

12TH
Cinnamon Glaze
French Toast
Honey Bun
Strawberry Craisins

13TH
Breakfast Pizza
Oatmeal/Raisins
Graham Crackers
Peach Cup

14TH
Eggo Mini Waffle
Low Fat Yogurt
Chocolate Granola
Diced Pears

15TH
Chicken Biscuit
Coffee Cake
Fresh Banana

16TH
Sausage & Cheese
Kolache
Yogurt Parfait
Vanilla Graham
Apple Sliced

19TH
Mini Pancakes
Low Fat Yogurt
Cinnamon Graham
Fruit Mix Cup

20TH
Sausage/Potato/Egg
Burrito
Oatmeal/Raisins
Blueberry Muffin
Orange Smiles

21ST
Sausage Patty on
Biscuit
Yogurt Parfait
Vanilla Graham
Apple Sliced

22ND
Mini French Toast
Oatmeal/Raisins
Graham Crackers
Dry Fruit

23RD
Grilled Cheese Sandwich
Cowboy Bread
Fruit Cup

26TH
Cinnamon Glaze
French Toast
Honey Bun
Strawberry Craisins

27TH
Breakfast Pizza
Oatmeal/Raisins
Graham Crackers
Peach Cup

28TH
Eggo Mini Waffle
Low Fat Yogurt
Chocolate Granola
Diced Pears

29TH
Chicken Biscuit
Coffee Cake
Fresh Banana

30TH
Sausage & Cheese
Kolache
Yogurt Parfait
Vanilla Graham
Apple Sliced



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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