

RAUL YZAGUIRRE SCHOOLS Lunch Menu K-5th

JUN

MENU 2023

GEAR UP FOR PUSH-UP CHALLENGE



ANNOUNCEMENTS:
Menu is subject to change without notice due to availability of food. All meals are offered with a choice of milk (Unflavored or flavored 1% low fat or fat free), fresh fruit, and appropriate condiments



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1ST
Chicken Enchilada
Spanish Rice
Pinto Beans
Green Beans
Peaches Sliced

2ND French Pizza
Romain Lettuce
w/Dressing
Baby Carrots
Banana Pudding
Fresh Pear

5TH
Teacher Preparation
Day

6TH
Breadsticks
Mixed Green Salad
Buffalo Cauliflower
Fruit Cocktail

7TH
Chicken Quesadilla
Carrots Coins
Garlic Parmesan Green
Beans, Diced Pears

8TH
Nachos w/ Ground Beef
Sweet Corn
Refried Beans
Sugar Cookie
Orange Wedges

9TH Beef Burger
w/Cheese
Mayo and Ketchup
Potato Smiles
Hamburger Fixings
Watermelon Cubes

12TH
Hot Dogs
Sweet Potato Fries
Mix Vegetables
Cherry and Pineapple

13TH Lasagna Roll Up
Cucumber and
Tomato Salad
Jicama Sticks
Breadstick
Melon Mix Cup

14TH
Chicken Drumsticks
Broccoli w/Cheese
Street Corn, Dinner Roll
Macaroni Salad
Fruit Mix

15TH
Chicken Enchilada
Spanish Rice
Pinto Beans
Green Beans
Peaches Sliced

16TH French Pizza
Romain Lettuce
w/Dressing
Baby Carrots
Banana Pudding
Fresh Pear

19TH
Chicken Tenders
Crunchy Broccoli
Sweet Potato Crinkles
Dinner Roll
Fruit Cocktail

20TH
Breadsticks
Mixed Green Salad
Buffalo Cauliflower
Fruit Cocktail

21ST
Chicken Quesadilla
Carrots Coins
Garlic Parmesan Green
Beans, Diced Pears

22ND
Nachos w/ Ground Beef
Sweet Corn
Refried Beans
Sugar Cookie
Orange Wedges

23RD Beef Burger
w/Cheese
Mayo and Ketchup
Potato Smiles
Hamburger Fixings
Watermelon Cubes

26TH
Hot Dogs
Sweet Potato Fries
Mix Vegetables
Macaroni Salad
Cherry and Pineapple

27TH
Lasagna Roll Up
Cucumber and
Tomato Salad
Jicama Sticks, Breadstick
Melon Mix Cup

28TH
Chicken Drumsticks
Broccoli w/Cheese
Street Corn, Dinner Roll
Macaroni Salad
Fruit Mix

29TH
Chicken Enchilada
Spanish Rice
Pinto Beans
Green Beans
Peaches Sliced

30TH French Pizza
Romain Lettuce
w/Dressing
Baby Carrots
Banana Pudding
Fresh Pear



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
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