

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Jan
FEED YOUR
CREATIVITY



Announcements:

Menu is subject to change without notice due to price and availability of food. All meals are offered with a choice of milk (1% low fat unflavored), and appropriate condiments.

3
Teacher Preparation Day

4
Tangerine Chicken
Brown Rice
Steamed Broccoli
Orange Wedges

5
Spaghetti and Ground Beef
Romanian and Spinach Salad
Diced Pears

6
Chicken Tenders
Sweet Corn
Bread Sliced
Peaches Cup

7
Beef Burger w/Cheese Mayo and Ketchup
Potato Smiles
Hamburger Fixings
Fresh Fruit

10
Pork Tamales
Salsa
Mozzarella Stick
Pinto Beans
Fruit Salad

11
Popcorn Chicken
Golden Corn
Berry Mix Cup

12
Chicken Corn Dog
Potato Smiles
Rosy Applesauce

13
Chicken Fajita
Spanish Rice
Green Beans
Peaches Slices

14
Thin Crust Pepperoni Pizza
Romain Salad w/Dressing
Baby Carrots
Fresh Fruit



17
Tangerine Chicken
Brown Rice
Steamed Broccoli
Orange Wedges

18
Spaghetti and Ground Beef
Romanian and Spinach Salad
Diced Pears

19
Chicken Tenders
Sweet Corn
Bread Sliced
Peaches Cup

20
Beef Burger w/Cheese Mayo and Ketchup
Potato Smiles
Hamburger Fixings
Fresh Fruit

24
Pork Tamales
Salsa
Mozzarella Stick
Pinto Beans
Fruit Salad

25
Popcorn Chicken
Golden Corn
Berry Mix Cup

26
Chicken Corn Dog
Potato Smiles
Rosy Applesauce

27
Chicken Fajita
Spanish Rice
Green Beans
Peaches Slices

28
Thin Crust Pepperoni Pizza
Romain Salad w/Dressing
Baby Carrots
Fresh Fruit

31
Chicken Tenders
Roasted Sweet Potato
Bread Sliced
Peaches Cup



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
Nutrition Assistance Programs



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www.SquareMeals.org